Heros on the Hill 5K Runs Again at CHC

MEGAN WELCH '16 EDITOR-IN-CHIEF

Take a break from finals week and soak up some sun on Saturday, May 2, at the Heroes on the Hill 5k and carnival.

The 5k, which will take place on CHC's campus, includes a run, walk, and kids' fun run. The carnival that follows will feature inflatables, face painting, and over a dozen games and activities. Proceeds from the event will go to Make-a-Wish and Our Mother of Sorrows, an Independent Mission school.

The event is run by students in this semester's Event Planning course, taught by Barbara Diemer, MBA. They handled the planning and execution of this event from beginning to end, gathering plentiful real-life experience along the way. "It's extremely realistic," said Melissa Marotta, '15, event director. "We're not doing a mock assignment; we're being graded on how well we execute this event."

The class was divided into committees which handled different aspects of the planning process—everything from building booths and equipment for games to marketing the event to the community and potential sponsors. "It's pretty much like an internship," Mike Hester, '15, said. "You spend so much time planning, promoting, and fundraising for the event outside of

class time that it really can't be compared to a normal class."

Fundraising for the event proved to be the biggest challenge for the class. "So far, we've made over \$4,000, which has only gone to our expenses," Marotta said. "We're of course hoping to raise more for the charities."

Fundraisers so far have included a three-on-three basket-ball tournament, penny wars, selling concessions at basketball games, and a "Dine & Donate" night at Halligan's Pub in Flourtown. "Seeing how much we've made so far has been really rewarding," Hester said. "When it comes down to it on race day it's going to be awesome to see it all

HEROES ON THE HILL

SK AND CARNIVAL

come together."

Students hope to expand the event in years to come. "We're trying to get more community involvement, raise more money, and overall make it more of an upbeat, fun event," Marotta said

"The eventual goal is to make it as big as the Harry Potter Weekend event," said Lauren Bjorke, '15. "We want to make it something big that everyone on campus and in the community can look forward to every spring."

FINANCIAL AID RULES CHANGE FOR STUDENTS

NICK KOWALSKI '16 NEWS EDITOR

A bad surprise greeted some students registering for the fall semester of their senior year when they discovered that there are now new restrictions on there to ability to sign up for free electives due to recently enacted federal regulations that could limit the courses that are eligible for financial aid.

The new regulations primarily impact students who live on campus and need to maintain full time status.

According to the new regulations, once a student has 120 credits needed to graduate, only courses that are requisites for graduation, such as core requirements (history, literature, art, etc.) and major or minor requirements will be eligible for financial aid. The credits from a course that is not a graduation requirement are no longer eligible for financial aid and will no longer be considered in calculating aid.

Here's a hypothetical example: A senior is registering for her second semester and she has 111 credits. To graduate, she needs nine more credits to meet the 120 required minimum, but she wants to take 12 credits to maintain her full time status and live on campus. Due to the new

regulations, she will only receive financial aid for credits required for graduation. So she cannot take a free elective to maintain full time status, and instead, only her nine required credits will be eligible for aid.

According to the Registrar, Michael L. Reig, J.D., the registrar's office and the financial aid office will notify students via their school email when they attempt to register for a course that is not eligible for aid because it is outside the courses needed to graduate. They will be advised to speak with the financial aid office to explore potential options to remedy their situation.

However, Reig recommended that students and faculty advisors try to prevent encountering the restrictions of the new rules. "The most important thing," Reig said, "is for students to work closely with their faculty advisors to not only plan for one semester, but to plan for their entire academic career."

Andrea Wentzell '15 was affected by the new changes because she had taken most of her required courses before the second semester of her senior year. With the new rules, she was told that she could potentially lose her financial aid.

"I decided to work with my advisors to come up with one

more required course so that I could keep my financial aid," said Wentzell, who was fortunate that she was close to fulfilling a minor so that this maneuver was possible.

Reig also advised that students pay close attention to their degree audits in working with the new financial aid regulations. He explained that the registrar's office is adjusting the structure of degree audits on my.chc.edu to assist students in tracking the credits of registered courses that may not be eligible for financial aid

Despite the potential financial savings for both students and the federal government that are inherent in the new regulations, the spirit of expanding knowledge through free electives outside of the base requirements may fade for some students.

may fade for some students.

Since rising seniors made academic planning decisions under different rules, they can only adapt to the changes, but rising sophomores and juniors still have the opportunity to prepare an academic plan that fits the new rules. According to Reig, the best advice that he can give students is "to sit down at the beginning, look at the academic catalogue for your year, and plan ahead."

Your Social Media and the Future of Your Job

JULIE HEATON '16 CONTRIBUTING WRITER

Twitter, Facebook and Instagram have become second nature to most college students. Many times we don't even think about what we post before we post it, because we are so caught up in how many likes, favorites, comments and retweets we will get on our posts. But before you post your next tweet or status, remember that the CEO of your future dream job does not care about how popular your post was back in 2015.

In fact, according to the 2014 annual Social Recruiting Survey by the recruiting platform, Jobvite, if you tweet first and think later, you may regret it. The survey, completed by 1,855 recruiting and human resources professionals across several industries, confirms our worst fears. Potential employers, by a whopping majority of 93%, will review your "social profile" before they hire you, and they don't always like what they see, especially when it comes to profanity, substance abuse and poor spelling and grammar. However, they do seem to take note of your charitable contributions and volunteer activities.

The report also confirms what the college's career development office has been telling us. Employers and recruiters use the professional networking web site LinkedIn as a hiring platform.

Nancy Dachille, director of career development, believes that a LinkedIn profile is extremely important for all college students to have and maintain. "LinkedIn allows you to connect with professionals in various industries and fields as well as alums who are always so happy to help our students," Dachille said. "You can also join groups which will provide the most up-to-date information for your industry."

Making sure your LinkedIn profile is up to date with your professional experiences, volunteer work, skills and achievements is a major "do" of social media. Future employers will read and look for information about achievements and goals you reached in college.

An important tip for those who do currently have a job: do not Tweet, upload an Instagram or make a status while you are in

"Social Media Dos & Don'ts" Continued on Page 7









GRIFFIN

Vol. V, Issue VI
The Free Student
Newspaper of
Chestnut Hill College

Megan Welch '16 Editor-in-Chief

Andrea Wentzell '15 Business Manager Layout Editor

Nicholas Kowalski '16 News Editor

Kyle Mick '15 Art & Culture Editor

Frances Ellison '15 Art & Culture Editor

> Mimi Ali '17 Feature Editor

Adele Giangiulio '16 Sports Editor

Chelsea Maguire '15 Sports Editor

Liana Florez '15 Photography Editor

Beth Bachmayer '16 Photography Editor

Copy Editors
Sally Simmons '15
Briana Charlton '16

Susan Magee, M.F.A. Facilitator

Make your opinion heard and submit editorials to *The Griffin*. Submissions become property of *The Griffin* and are subject of editing for style, clarity and length. The views represented in submissions do not represent Chestnut Hill College. Submissions also do not represent *The Griffin*'s position, or that of its facili-

The Griffin strives for accuracy and fair representation in all of its publications and factual correctness. If an error is found, email the issue number, the error, and the correction that needs to be made to the griffin. chc@gmail.com. Corrections may be printed in the next issue.



INTERCULTURAL FOUNDATIONS CERT. ADDED TO CATALOGUE

BRIANA CHARLTON '16 SENIOR STAFF WRITER

This year, Chestnut Hill College reintroduced the Certificate in Intercultural Foundations, which fosters an understanding of and appreciation for diversity, both at home and abroad.

The goal of this program is to offer students the appropriate skills to engage cultural difference, so that they are better prepared to live and work in a world that is increasingly diverse and interconnected on a global scale. Not only will students learn about diversity in terms of race and ethnicity, but they will also come to appreciate people of different ages, genders, religions, social classes, etc., including those with differing abilities.

"The campus itself is becoming so diverse, it'll help to teach people to not be so quick to judge and broaden their views," says Brittany Neuman '15, who

is currently pursuing this certifi-

Furthermore, junior Nicole Carney '16, who will be travelling to Tanzania next month, says that it is important to know how "to approach various cultural situations without coming off as offensive," especially in the United States, where "having such a diverse population makes this knowledge beneficial."

In this program, students gather said knowledge through various educational, service and experiential learning opportunities. They are also encouraged to step outside of their "comfort zone" in order to gain a better understanding of and appreciation for others, as well as to learn how to address many forms of social injustice.

In order to earn this certificate, students must fulfill the core requirements of a Global Studies course, Religious Imagination, and the capstone Seminar (ICFC

398). Additionally, three electives are needed, which should be interdisciplinary and intercultural in nature. These courses can also be used to fulfill major and core requirements.

Elizabeth Bachmayer '16, who is currently taking the capstone seminar, agrees that pursuing this Certificate will benefit her. "As a future educator, I know that having intercultural skills will allow me to be more in touch with the many different students I will have within my classroom."

According to Mary Kay Flannery, SSJ, who is the faculty advisor for this Certificate program, "Our hope is that this will become a 'signature' program of Chestnut Hill College and many CHC students will graduate with this Certificate as part of their resume."

As Carney notes, this seminar relates very well with the mission of the college. "I think the guide-

lines follow perfectly along with the mission of the dear neighbor that we all try to live by and in the end, I think this certificate will be very appealing to future employers."

Sr. Flannery agrees that this intercultural program goes "hand-in-hand with our CHC mission of fostering active, inclusive love for every kind of dear neighbor, both near and far, as well as actively seeking to reconcile all that keeps us apart."

This interdisciplinary program is open to students in any major, regardless of their experience. "Diversity is around us all the time," Bachmayer says, "and being able to accept that and become conscious of it will benefit everyone."

The capstone Seminar will be offered again in the Fall 2015 semester. For more information on this academic program, contact Mary Kay Flannery, SSJ at flannerym@chc.edu.

Serving PB&J To Serve the Community

NICK KOWALSKI '16 NEWS EDITOR

Chestnut Hill College, known for its service-oriented clubs, has a recent addition to this catalog of activities, and its name comes from the very aid it provides to the greater community, peanut butter.

PB@CHC makes bagged lunches to serve the people of the local community who are in need of food. Lydia DiMattia, a sophomore, started the club after she and other students in the interdisciplinary honors program decided that they wanted to help the community through their collective service.

DiMattia said that she got

the concept for the club from an activity she did when she was younger. "In elementary and middle school," DiMattia said, "my church youth group would get together on Thursday nights and make PB&J sandwiches for the needy." When DiMattia came to the college, she observed that there were some service clubs on campus that were moved to help the national or global community but not many that assisted locally. "I wanted to create one that specifically focused on the Philadelphia area," DiMattia said.

The club provides an opportunity for students to serve the greater Philadelphia area without having to leave campus



image: PB@CHC

other than shopping for groceries. "Our club is small and we realize we cannot feed our entire nation," DiMattia said. "However, if we can help 60 people every two weeks, then that is fine with me."

The assistant director of campus ministry, Colleen Gibson, SSJ, BA, said that DiMattia came to her looking for help to formalize the logistics of the club. Gibson provided the means for the students in the club to find a way to make their idea, assisting the community, a practical reality. After the club makes the bagged lunches, campus ministry transports them to either the soup kitchen or grade school at Our Mother of Sorrows, a Catholic parish in West Philadelphia.

Around 10 or more students attend the meetings and members come from different social circles on campus. "The most interesting thing about the club," Gibson said, "is that different students, whether in the honor's program or athletics, are able to get together to give their time doing a basic thing that helps people."

The club meets twice a month on Thursday nights in Fitzsimmons Lounge. At meetings, members work at different stations in order to decorate bags, make the sandwiches, and pack the lunches. They label the bags to say what they have packed inside. In addition to sandwiches, the bags include a water bottle, a piece of fruit, a snack and an inspirational quote taped to each sandwich.

Students also make variations of the peanut butter and jelly sandwich with different jellies, marshmallow fluff, hazelnut spread and different kinds of bread. The peanut butter is mixed up as well to include creamy, crunchy and non-peanut peanut butter for people with allergies.

"We really believe that it is important to uphold the mission of the college in all aspects of our lives," DiMattia said, "and PB@CHC is one way that we exemplify how one can assist our dear neighbor."



Bring Out Your Inner Hero and Come to

NEWS

Intern Diaries



Many students at the college are involved in exciting internships. The Intern Diaries is where students are invited to share their experiences. This issue's diary entry is from:

KATIE O'NEILL '15 CONTRIBUTING WRITER

Where did you intern? I interned on an organic sustainable living community and farm outside Asheville in Burnsville, North Carolina for the summer.

How did you get your internship? I was in between leaving my old college and about to transfer to CHC and I wanted to do something different. I got my internship by looking online at organic farms that were looking for volunteers. I found a website called wwoof.org that was essentially a hub for farms all over the world that were looking for interns.

What made you decide on this particular internship? I have always been interested in farming, as well as organic food and sustainable communities. I had heard that North Carolina was beautiful and had great weather in the summers. I picked Snaggy Mountain farm in particular because it was run by a young man around my age. He had inherited the farm from his grandfather and was turning it into a community for artists, musicians and farmers to live and thrive.

What was a typical day like on the farm? I would wake up before the sun rose, get my boots on, and head to the fields. The vegetable crops were my main priority. Some days I would spend the entire day harvesting various goodies. We grew everything from potatoes and string beans, to strawberries and watermelons. We would usually take an afternoon break and head to the waterfalls, or for a walk in the woods with the dogs trailing behind us. At night we would all gather round and cook dinner together and eat outside under the stars around a big bonfire with lots of live music happening until late into the night.

What did you enjoy most about your internship? I enjoyed being on my own, but still being in a group. There were about 20 people at the farm at any given time, always a variety of musicians, artists, acrobats, carpenters, and more passing through. I was able to find my identity within this large group, carving out my niche and contributing while learning so much about myself and my environment. That was the experience I wish every young person could experience, finding oneself, in a group of powerful intelligent diversity. Over the months I was there we all worked seamlessly together to build tiny cabins in the mountains, raise livestock, grow crops, cook meals, create art and make music.

Do you feel your internship helped you to clarify your career goals? Yes. Although my major is in psychology, I found that I am very interested in sustainability and all it has to offer the world. Psychology is a degree that has many angles to it and can be incorporated in most any profession and career I will choose.

Do you have any advice concerning internship for other students? Internships seem to me to be the closest way to have hands-on, real-life experiences. I think it can be foolish to pick a career path without ever living it, even for a day. The world does not operate on GPA's and test scores, or how well you can study for a final. Taking the time to assure yourself you are going in the right direction is priceless.

Students Publish Literary Mag

CLAYTON B. ALLEN '18 CONTRIBUTING WRITER

The newest annual edition of The Grackle, Chestnut Hill College's literary magazine, which features a range of student work from original art, such as drawings and paintings, to literature, such as poetry, short stories, and photography, is now available.

The team of student editors, Nick Kowalski '16, Briana Charlton '16, and Andrea Wentzell '15, along with the submissions board and editor-in-chief Nicole Spano '15, began the process early in the academic year by advertising and alerting students of opportunities to submit their own work.

"Once we have a good

amount of submissions," Spano said, "we meet with the review board and talk about each piece." Their review process includes analyzing reactions, quality, and whether "it is a good fit for what we want the magazine to be."

Charlton is not only an editor, but also a contributor. In the latest edition, Charlton's poem "Ignorance is Bliss" in addition to her own photography are published.

"Being published in the Grackle is a great honor," Charlton said. "I am also an english literature major and creative writing minor, not to mention an avid writer, so any chance I am given to have my work published is great."

According to Spano, The Grackle strives to provide students the opportunity to "let their creative side flow" and to share it with the college community. "It's a nice way of encouraging artistic students to work on their craft in addition to their class work because both are equally important," Spano said.

Spano encourages all students to get involved next year. The submission process begins in early August and lasts through November. "There's really no experience necessary to be on the review board. We get a lot of people from all different majors to join the review board. and each person can offer their own interesting perspective."

NEW VP BRINGS FULBRIGHT TO CAMPUS

NICOLE CARNEY '16 SENIOR STAFF WRITER

With graduation approaching, there may be a few things you regret not doing during your time in college, studying abroad being one of them. For some, it is not a viable option during college due to athletics, commitments at home, or even cost, but just because you graduated college does not mean you have to give up your chance to do so.

The Fulbright U.S. Program, an international educational exchange program funded by the government, was established in 1946, but is finally making its way on to the Chestnut Hill College campus thanks to Wolfgang Natter, Ph.D., vice president of academic affairs and dean of faculty.

With the appointment of Natter, the college not only received an experienced administrator, but a key connection to this nationally recognized fellowship organization. He has strong ties to the program, which he developed during his time as a student and a professor. His love for the field of higher education stemmed in part out of his participation in Fulbright only to lead him on the path of a successful career. One of his main goals is to increase the number of students at the college who will become ambassadors for the United States through this prestigious

There has been one infor-

mation session that took place at beginning of the spring semester. Natter had invited a staff member from the Fulbright organization to go over the history of the program and the number of opportunities available to applicants. The current plan is to have follow-up meetings with interested students to prepare them for the application.

"The next step following the information sessions," Natter said, "is that I am really eager to develop an infrastructure around this to help students navigate the process between knowing that they are interested and submitting an application, which will include drafting application materials and having it reviewed, being interviewed, being asked questions that are Fulbright-like questions, and basically preparing to submit an application."

All of the effort being put out by Natter is to ensure that the college's students have the opportunity to participate in the largest exchange program for young professionals with the option of participating in various fields of study or teaching assistantships worldwide.

According to the programs website, "The program currently awards approximately 1,900 grants annually in all fields of study, and operates in more than 140 countries worldwide. Fulbright U.S. Student alumni populate a range of professions and include ambassadors, members of Congress, judges, heads

of corporations, university presidents, journalists, artists, professors, and teachers." Fulbrighters are often looked upon as a unique bunch and employers find it a strong selling point on resumes.

With an institution founded on the principles of helping those near and abroad, Natter believes that the college is a perfect place for the Fulbright program to take root.

"Chestnut Hill College's ethos of the dear neighbor extends to neighbors not only in Philadelphia, in Pennsylvania, or only the United States, but throughout the world," Natter said. "Nurturing that sensibility is something we aspire to, as we develop an environment in many ways where our students and the community more broadly will evermore fully understand what the idea of the dear neighbor means internationally."

If a student isinterested in the program, please visit their website at us.fulbrightonline. org/ and look for further information sessions held at Chestnut Hill College. Dr. Natter is happy to speak with any student about the potential of the program, so questions can be directed through his office as well.

Help CHC Students Get to Tanzania!

Megan Welch '16 and Nicole Carney '16 are heading to Tanzania with Sr. Marie Leahy in June 2015! But they need help getting there. Help by contributing on their gofundme. com page at gofundme. com/i2m594 or by contating Sr. Leahy at leahym@chc.edu.



ARTS & CULTURE

Album Review: Mark Knopfler's "Tracker"

KYLE MICK '15 ARTS & CULTURE EDITOR

Two years ago, on a crisp and cool November evening, I was fortunate enough to see my idol, Bob Dylan, in concert with my dad. As we entered the indoor arena, sitting just seven rows from the main stage, I looked down at our ticket stubs and wondered who would be opening for the infamous Dylan. The tickets read, "Mark Knopfler." I looked at my dad and said, "Do you know who Mark Knopfler is?" He just laughed and said, "I have no idea." When the lights finally dimmed, the audience gave a triumphant standing ovation as Knopfler and his band took the stage. With his trusty acoustic guitar in hand, strumming his hit song, "Privateering," I immediately became a fan of Knopfler's

Unless you grew up in the 70's, the name Mark Knopfler would hold little significance. Having formed the legendary Brit-rock group, Dire Straits, he quickly shot to stardom crafting his own unique musical style mixing jazz, blues, folk and good ol' rock and roll. Though the rock powerhouse of Dire Straits would crumble to dust in the mid-90's, Knopfler continued his music career as a solo artist and has gone on to create countless albums, most recent of which, his 2012 deluxe album titled, Privateering, received a number of rave reviews. Three years later, Knopfler has created another record titled, Tracker, which has that iconic soulful, bluesy, and sincere vibe that has made him a self-made musical legend.

As the drummer counts off the rhythm with his drum sticks, the first track called, "Laughs and Jokes and Drinks and Smokes" chugs on the train tracks like a funky blues ballad, and then quickly transforms into an Irish drinking song as uilleann pipes blissfully play a seemingly sorrowful tune. Knopfler's wise and withered voice deeply proclaims in the chorus, "We were young, so young/And always broke/ Not that we ever cared/Not that we ever cared." The next song gently slides in called, "Basil," which has a very folky and mysterious vibe, as Knopfler slowly strums his acoustic guitar. Hints of solo electric guitar licks are definitely present within this song, as is Knopfler's wispy vocals, as he duets with a wonderful female backup singer. While I could go on to talk about any number of songs on this incredible album, such as the slow rock jam brilliance of "Skydiver" or the comforting, "Mighty Man," I would like you to experience this brilliant album for yourself.

Spring may be here, but summer is very close by. Instead of being suckered into the standard pop hits that inevitably come and go, I would suggest trying out Knoplfer's Tracker. Filled with songs that are perfect for driving across the country or on a long flight, this album is definitely worth a moment of your time. While today's youth may think that Knopfler is too old to be mentioned as a worthy summer album for 2015, at 65 years old, his drifty rock music better captures the youth and spirit of summer than anything that I have heard in recent memory.



NEW CW SHOW "THE MESSENGERS"

BRIANA CHARLTON '16 SENIOR STAFF WRITER

The CW's *The Messengers*, created by Eoghan O'Donnell, aired on Friday, April 17, and from the looks of it, it appears as though the writers took the plotline of seasons four and five of *Supernatural* and gave it its own TV show.

In the show, the title characters are suddenly gifted with angel powers, which range from super strength to healing, after they are killed by a shock wave that erupts after a mysterious object crashes to Earth. These angels are then charged with the tasks of defeating Lucifer (a.k.a. the devil, or "The Man" as they call him in the show) and stopping the apocalypse. Will Sam and Dean Winchester be stopping by to help?

However, writer Trey Callaway has promised that this show will be completely different from the almost-overdone theme of angels and demons. One reason for this is that the story does not focus solely on the supernatural, spiritual quality of the show. Instead, it emphasizes the struggles and personal journeys of the characters themselves, who are regular human beings suddenly

burdened with a great and difficult task, as well as powers and responsibilities they never anticipated and must learn to control.

It is this focus on the characters that makes the show different from others because viewers will be able to relate to them in a special way. Even though they have powers, they are still fighting personal battles that anyone can experience in their lives. Peter (Joel Courtney) has a rough and troubled past, Joshua (Jon Fletcher) has lived with an idea of God that is shattered once he is awakened, and Vera (Shantel VanSanten) is a scientist and atheist, whose belief system is completely challenged when she becomes an angel. She is also burdened with a severe tragedy after her son is kidnapped. Each messenger is different from the other, from background to religious beliefs, and this adds to their relatability.

According to JD Pardo (Raul) in an interview with *Collider* after WonderCon, "You get to see in these moments how different people are and how we believe in different things. They have to respect each other in order to fight together. I think there's something for everybody."



Even Lucifer will be portrayed differently than usual. Instead of the blatantly evil devil everyone is used to seeing, he will be played in a way that will make viewers question his motives and possibly even relate to him in some ways. But who in their right mind would want to relate to the devil?

Nevertheless, at least the show is attempting to do something different, which should prove to be interesting, and regardless of the overdone theme, the show looks like it will be worth the watch simply to see how this group of strangersturned angels of the apocalypse work together to stop the world from ending.

Book Review: A Work in Progress

ANDREA WENTZELL '15 SENIOR STAFF WRITER

Growing up in the Midwest, in a home with four other children, Conner Franta in August 2010 spontaneously decided to create a YouTube channel after watching stars like Shane Dawson and Mitchell Davis take on the challenge.

Now with over four million followers and his own company Common Culture Coffee, the Internet sensation and global trendsetter intimately and with humor explores his life through his book *A Work in Progress*.

The memoir looks beyond the camera and details Franta's struggles with body image and sexuality during his high school years, along with his upbringing in Minnesota. Being only one of five in his classroom, Franta struggled to move past the stigma of a small-town boy attached to him throughout his childhood, and just recently, has accepted himself for him. And in 2014, has come out as gay to his millions of followers on YouTube.

As Franta's first book, A Work in Progress explores both Franta's past and what he hopes his future to be. It details his struggles, but also his decision to ultimately pursue a career in the arts, as he follows his creative passions.

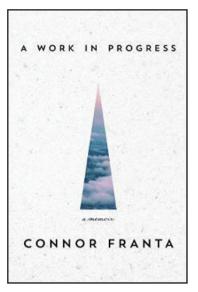
Along with being a You-Tube personality, Franta has also become a philanthropist and entrepreneur. His company Common Culture Coffee, works closely with the charity The Thirst Project, and in 2014 raised over \$230,000 in thirty days toward providing clean drinking water in Africa. In addition to his new title as author, Franta also curates music of up-and-coming bands such as Tei Shi, Only Girl, and Panana Wedding through his Common Culture compilation albums.

A Work in Progress explores more than just Franta's life on screen, revealing his own private struggles. Something that many teenagers and twenty something's can identify with. The words of wisdom within this book resonates especially with anyone coming of age

in the ever-expanding digital world

As the book title suggests life is a work in progress, and Franta's life especially is one of explorations and new projects. Franta leaves the reader with one though by the end, which is pointed out within the synopsis: "don't be afraid to be yourself and to go after what you truly went."

To find out more about Conner Franta, his book (which just released), or his YouTube career visit: YouTube.com/ ConnorFranta



GOING OUT GUIDE: APRIL / MAY 2015

KATIE O'NEILL '16 CONTRIBUTING WRITER

Sandy Spring Superhero 5k or 10k Run/Walk

Philadelphia Museum of Art Saturday, April 25 at 8 a.m.

Dress as your favorite Superhero and raise money and awareness for the Sandy Rollman Ovarian Cancer Foundation

Murder at the Mutter Preconceptions

Mutter Museum, Philadelphia Sunday, April 26 at 2:30 p.m.

There's a killer on the loose in the Mutter gallery! Work alongside investiga-

tors and forensic experts to crack the case.

Schuylkill River Outdoors - Tubing/Kayak/Canoe Rental

131 N Main Street, Amity, PA 19518

Phone: 610 385-0865

With prices ranging from \$20 per person to \$125 for a party this is a fund retreat for friends. For more information visit: funtofloat.com

Philadelphia Fleadh- Philly's Largest Irish Festival

Saturday, May 2

Pennypack Park, Welsh Road at Cresco Street, Philadelphia

"Better Call Saul"

KYLE MICK '15 ARTS & CULTURE EDITOR

When I heard that Vince Gilligan, the legendary writer behind the AMC television drama, "Breaking Bad," was prepared to write a prequel to this epic tale of drug dealing and murder, I truly wondered what was going on in Gilligan's head. Was he really going to risk tampering with one of the most beloved televisions shows in history by creating a tacky and probably boring spinoff? Was Gilligan just writing for the money now? Did he sell out? While my paranoia for the literary purity of "Breaking Bad" became almost unrelenting, I was pleasantly surprised when the prequel called "Better Call Saul" finally aired.

The first episode of "Better Call Saul" titled, "Uno," was in some ways a masterpiece in itself. With an amazing season opener that was both eerie and oddly upsetting, the faithful "Breaking Bad" viewer finally has a literary window to peer into the backstory of the silver-tongued snake known as Saul Goodman. From reliving his nefarious past deeds as the great "Slippin' Jimmy" to how he acquired his ability to talk his way out of any problem, the viewer is lead down a winding, wacky, and somewhat dark, yet comical road that is Jimmy McGill, I mean, Saul Goodman.

What Vince Gilligan did in "Breaking Bad," and still continues to do remarkably well in this thought-out prequel, is making his fictional characters

believable to the audience, and humanizing them in ways that are incredibly unpredictable. The theme of transformation housed in the annals of "Breaking Bad" still holds true in "Better Call Saul," as Gilligan puts a number of obstacles in Saul Goodman's path that eventually leads him to make one fateful decision, to either stay true to his newly reformed self and "do the right thing" motto or embrace the darker and more sinister side of his personality that he has come to rely on in times of crisis.

Actor Bob Odenkirk does an amazing job capturing the surprisingly complex character of Saul Goodman. He stays true in how we remember Goodman to be in "Breaking Bad," skittish, spastic, and full of life. Also, the way Odenkirk delivers comedic lines with a certain zing and without ever cracking a smile or breaking character is an acting feat that seems almost godly.

"Better Call Saul" may never live up to the unforeseen hype of "Breaking Bad," but what this television show is able to do is stand on its own two feet. This prequel does a great job keeping the story unpredictable and the climactic moments intense and utterly suspenseful. For any diehard "Breaking Bad" fan, who was hesitant to watch the first season of "Better Call Saul" and still hasn't sat down and immersed themselves in this fantastic drama, I can tell you one simple thing: "It's All Good Man!"

Xenoblade Chronicles Arrives

STEPHEN MANNA JR. '18 CONTRIBUTING WRITER

On April 10, a game was released onto the new Nintendo 3DS system, called Xenoblade Chronicles 3D. This game was originally released on the Nintendo Wii system, but due to poor sales and limited copies, the game was far from well-known. However, over the past few years, a cult following arose for Xenoblade, even having the game's main character, Shulk, appear in Nintendo's greatest game series, Super Smash Bros.

This year, Nintendo decided to re-release the game on the handheld system, making it more accessible for people who want to play the game and try it themselves. Xenoblade Chronicles 3D tells the tale of a young man's journey throughout the world in search for revenge against a mechanical enemy. What is different about this world is that it takes place on the giant bodies of two beings, the Bionis and the Mechonis. The Bionis is where most of the game takes place, and it is very much like Earth, with human beings and other forms of natural life exist on

the body. The Mechonis is mechanical, and beings called the Mechon come from there to the Bionis to attack the Homs (humans in this world) and destroy the Bionis. Shulk, the main character, fights them for revenge using a mystical blade called the Monado, the sword of the Bionis. It is the only thing that can destroy Mechon, and Shulk journeys with his friends to stop the threat of the Mechon.

The world in this game is massive; if you can see it, you

can usually go there. The game plays like a traditional RPG, with leveling up, side quests, and searching for items. The game is fun to play, whether you play it on the Wii or the new Nintendo 3DS system. There is too much in this game to be able to write about now, so go get the game and experience it yourself. I give this game a 4.5/5. The game is amazing, with great story and gameplay, and well worth the time and effort spent playing it.



Album Preview: "Wilder Mind"

CATHERINE DEMPSEY '15 SENIOR STAFF WRITER

Your favorite folk rock band, Mumford & Sons, is finally returning with a new full-length studio record, *Wilder Mind*. However, you may be surprised by the band's new sound. Mumford seems to have abandoned the acoustic guitars, banjos, and mandolins that defined them on their previous two records and have instead picked up a couple of synths and electric guitars, Bob Dylan style.

While this may set a few fans off, do not fret. The band released the first single off the record, "Believe," on March 9. Though the song is vastly different than Mumford's past work, this is a song that would surely appeal to music listeners who love Coldplay.

"Believe" starts with an atmospheric organ, coupled with singer Marcus Mumford's relaxed vocals and slowly builds in intensity. The piano provides a kind contrast to the powerful guitar work that explodes just over halfway through the track. When every instrument is finally brought into full force, the song feels incredibly overwhelming, especially with Marcus' layered vocals practically struggling over all the force behind him.

A second single, "The Wolf", was released on April 9. This song is obviously more pop rock and a severe departure from the band's previous work. You would not even know this was a Mumford & Sons song aside from Marcus' distinct vocals. The electric guitars are searing and relentless with a fairly standard pop harmony to accompany it all.

While this is a big step in a new direction for the band, it is not a bad song at all. Albeit less folk and more pop, its catchy and fans are likely to hear this track on the radio more often than not.

Wilder Mind is set to be released on May 4 and was produced by James Ford, who is working with the folk rock band for the first time. Ford has previously produced records for Arctic Monkeys, HAIM, and Florence and the Machine. Based on the first single released, it sounds like Ford's influence on this record is very much there. While many fans may feel confused or betrayed by the sudden change in direction and sound, the band still has their roots in influential folk music, and that will never change. Just as Bob Dylan before them, Mumford probably will not be going away anytime soon even with electric guitars in hand.

Mumford & Sons have also released tour dates for Stopover Festivals this summer beginning in June and carrying through to late August. It is expected that the band will then begin a national headlining tour in the fall, and then possibly a few international dates in the spring. We can expect Mumford to then headline several music festivals next summer, which is exciting for a band who is known for their energetic arena sized shows.



REPRESENTATION MATTERS

FEATURES

Changing Face of TV: A New *Empire* Reigns

ELIZABETH YOHANNES '16 CONTRIBUTING WRITER

This past January, FOX's original series *Empire* was on everyone's watch list and with good reason, too. The show's cast, including a few Philadelphia natives (what up Mr. Howard and Bryshere?), in addition to some of the biggest names in Hollywood, like Naomi Campbell, Taraji Henson, Raven Symone, and even a cameo from Snoop Dogg.

But what was really the biggest lure for many, was the fact that this show has an almost exclusively black cast, making it this season's latest "black show."

Normally when cinema is pigeonholed into "black cinema," talented black directors create work that goes unnoticed because it all falls under the same category. As *Beyond the Lights* director Gina Prince-Bythewood put it in an interview with NPR: "To say 'black film,' means that 12 Years a Slave is the same as Think Like a Man. These are two completely different films." So what sets *Empire* apart from other "black shows/movies": the ratchet factor.

It is true, the ratchet factor definitely sets this show apart from the work of other famous show writers, like Tyler Perry, who shies away from presenting his "ghetto" or stereotypical characters as fully developed or likeable, preferring to show the exemplar of black families as good, well-spoken, Godfearing characters who always get the happy endings, leaving his bougie or ratchet characters to either die or face intense humiliation.

However, *Empire* soothes the wounds that Tyler Perry's well-intentioned writing tends to leave on the black community. Instead of shying away from stereotypes, *Empire* fully embraces these aspects of the black community that other writers would have disregard-

ed. However, *Empire* manages to take these stereotypes and pump life back into them, instead of having them around for laughs.

Many black writers make shows about very clean-cut upper-middle class black families to fight the harmful stereotypes surrounding the culture, but what they fail to realize is that there are still parts of the community that are not as clean cut, and do not have things going as well for them. So when they condemn the culture of part of the black community as too ratchet to take seriously, then that part of the community is alienated.

Why the grittier characteristics of black life in America should be erased on TV is a taxing conversation being had, because it says to viewers that if you are not Uncle Phil living in Bel Air that you are letting the black community down. However, refusing to show the black community in its entirety is more of a letdown.

Where Tyler Perry would have Teyana Taylor as the dreaded loud and obnoxious estranged baby mom (Madea's Big Happy Family), Empire shows Raven Symone in a vulnerable position where she needs help raising her daughter, and seeks it with Jamal Lyon.

Where Tyler Perry would have you see a family pray their problems away, *Empire* shows a family coming to terms with the fact that mental illness is a real thing that needs to be dealt with, that having a gay son may or may not be the end of the world, and that coming from the grimy streets of West Philadelphia may not define you, but it will affect the way you live the rest of your life, even after the come up.

All in all, the writers of *Empire* have managed to highlight personalities that have long been cast out or ridiculed.

feel & Earth Dinner

Watch and discuss Wall•e over a delicious grill cheese dinner!

Thursday, April 23 at 8:30 p.m. - 12:30 a.m. • The Perk

Text 267 - 536 - 5808 For Delivery

WHY REPRESENTATION MATTERS

FRANCES ELLISON '15 ARTS & CULUTRE EDITOR

It's hard to explain in short why media diversity has been such an important topic for me. I suppose in part, because I feel like it should go without explanation; in 2015, we still live in a culture where television is still majority white faces, and the sprinkling of those that aren't are still based heavily on stereotypes and misconceptions.

We still live in a culture where a 16-year-old girl talk-

ing about cultural appropriation is still front page news (research Amandla Stenberg if you have the time).

We still live in a culture where when Latina and Asian women are featured on screen, they're more likely to be sexualized than any other demographic.

It's obvious why varied and multifaceted representation matters; I don't have to explain that to you. I'm not here to preach or to isolate.

What I wanted to do with these articles is take something that has been spoken on ad nauseum and flip it in the positive.

I wanted to take the moment to highlight and appreciate the shows that are putting a positive image of people of color out there; I wanted to applaud these people. I wanted to let these writers, in their own words, talk about why these shows are important to them in the hopes that maybe a.) you all will actually go watch some of them, and b.) you can see for yourself why a more diverse media is so vital, not just for the people of color it represents, but for everyone.

In Love With the American Koko

KAILA KANE '16 CONTRIBUTING WRITER

If anyone out there is looking for a new web series to watch between studying for finals and waiting for season three of *Orange Is The New Black*, then here is a solution. American Koko is a witty series on Youtube that follows the personal and private life of Akosua Miller, an African-American woman who is an agent at the Everyone's A Little Racist Agency (think Olivia Pope with less bite and more humor).

Season one is comprised of six episodes where Akosua and her fellow agents help a distressed middle school musical director struggling with his choice in casting the only black girl in his class as Harriet Tubman because her singing voice can be characterized as one that Simon Cowell would have ripped to shreds on American Idol.

While Akosua investigates whether to advise her client to be historically accurate or to replace his current Harriet Tubman with a Latina girl who has a great voice, she also faces racial conflict within her personal life. The series sheds light on the Black experience through the eyes of a woman who is constantly trying to suppress her inner "angry Black woman." Akosua has faced criticism of this alter ego on multiple fronts, from her white friend, who does not want her upsetting other people with race conversations at a social event, to her black boyfriend, who has no qualms stereotyping her.

The series does a great job at showcasing how race can divide any two people regardless of whether those people belong to the same race. Akosua and her aforementioned black boyfriend

often argue about blackness, what it is, and whether it can be measured.

American Koko is a smart and funny series with unique characters, a diverse cast and themes that are relevant in today's society. The series raises questions about race, racism and social responsibility in a way that has the potential to spark thought and conversation in spite of making some feel uncomfortable.

Written by actress and writer Diarra Kilpatrick who currently writes for *The Mysteries of Laura* on NBC, has appeared on the show *Mike and Molly* on CBS, and happens to play the lead in American Koko herself, this series is one that is not to be overlooked. Season two is currently in the works so head over to Youtube in the meantime to soak up all the charm, humor, and intricacies found in season one.

"Fresh off the Boat" a Comedic Relief

BRENDA HO '17 CONTRIBUTING WRITER

Since its premiere on Feb. 4, ABC's new hit primetime sitcom Fresh off the Boat has received overall positive criticisms and has offered a new perspective on Asian American culture.

The show's premise is based on a memoir by TV food personality, Eddie Huang, with the same name. It takes place during the mid-1990s when 11-year-old Eddie (played by Hudson Yang) and his family move from Chinatown, Washington, DC, to Orlando, Florida, where his father, Louis Huang (as portrayed by Randall Park, *The Interview*) opens a steakhouse. This shows circles around how Eddie, Louis, his mother Jessica (as played by Con-

stance Wu, who is the breakout star of this television season according to El), his brothers Emery and Evan (Forrest Wheeler and Ian Chen, respectively), and their grandmother (Lucille Soong) adjust to their new lives in a new neighborhood.

However, on the other hand, the fact that *Fresh off the Boat* was given the green light is a positive sign to diversify American television programs and expand the range of audience members. The humor on the show is also an acquired taste depending how well

Fresh off the Boat is the first show that centers on an Asian American family since Margaret Cho's All American Girl which ended in 1995. Being the first show in the past 20 years, Fresh off the Boat has been a target for serious criticism from the Asian American audience, but the sitcom seems to be faring well so far. Some of the more common criticisms appear to be of the stereotypical portrayal of Asian culture and its use of actors who are not exactly Chinese.

However, on the other hand, given the green light is a positive sign to diversify American television programs and expand the range of audience members. The humor on the show is also an acquired taste depending how well one can stomach stereotypical jokes (whether they may be true or not). Overall, Fresh off the Boat has done swimmingly against the rough tides this season. Bringing to the screen a unique cast, humor, and issues that have followed some of us over the years growing up.

If you are familiar with the sitcom *Everybody Hates Chris* and loved the show for its humor, situations, and cast, then you will enjoy *Fresh off the Boat* because they share a similar format.

SPORTS

Phillies Open Season on Good Note

CHRISTOPHER SIVEL '18 CONTRIBUTING WRITER

The Philadelphia Phillies are coming off a series win, taking 2 of 3 from the Washington Nationals, leveling their record at .500. The Phillies now 3-3,wrapped up their home stand with a 4-3 loss in extra innings and now move to New York to begin their road trip against the Mets.

Before the start of the 2015 season, the Phillies were projected to be the worst team in the major league, but have silenced many with the eleventh best pitching staff in the majors. Starters Aaron Harang and Jerome Williams have stunned opposing hitters with sub 2.00 ERA's. Cole Hamels has a sub 3.75 ERA after a bounce back performance versus the Nationals after previously giving up 4 home runs on Opening Day in the loss to the Boston Red Sox. The bullpen has provided a strong wall of defense, as 4 out of 8 relief pitchers have yet to give up a run this season.

Although the bullpen is providing stellar relief for the Phillies, the bats have yet to make the journey north from Spring Training, combining for a .214 batting average in the first week of the season. Only eleven teams have worse batting averages, 3 of them being division rivals, Miami Marlins, Washington Nationals, and New York Mets.

The good news is Freddy Galvis, Andres Blanco, and Carlos Ruiz all have averages above .300, while third baseman Cody Asche is batting .429. So far, the younger players on offense have shown the energy and pop that has lacked in recent years. The bad news is big pieces Chase Utley and Ryan Howard have yet to get their averages above .200 and are clearly struggling at the plate.

Manager Ryne Sandberg commented on Howard's strug-

gles at the dish in an interview with CSN Philly, "Hopefully, this was a one-game thing against a guy that had pretty good stuff and a real live fastball."

Ryan Howard struck out four times in the series finale against the Nationals, leaving critical runs on base that could have potentially given the Phillies the win.

With the first week of the season complete, Phillies fans have one thing to take away from their home stand. According to Sandberg, "to start off the home stand with the guys going about it the way they did, leaving 3-3, there's some satisfaction to that. We can build on that."

With the Phillies currently tied for second in the NL East, two games behind the Atlanta Braves, the Phillies need to continue the fight as they begin a seven-game road trip, stopping in New York and Washington both of whom are division ri-

FROM THE NEWS SECTION

Social Media Dos and Don'ts

Continued from Page 1

work. While your #Work-Selfie may be totally adorable, your boss probably will not "like" that.

Just remember that everything you do, whether you are "private" or not, people will find. The Internet is a public place. Once you upload something to the web, it will always be out there for people to see. If you aren't friends with a future employer, someone else may be, and if they want to dig up dirt, they will.

Technology has been ad-

vancing, and it will continue to do so. If you are hesitant to send those 140 characters, upload a picture or create a status, your best bet is to backspace. Jobs are difficult enough to find without being haunted by a video, photo or tweet you uploaded when you were in college.

Social media, an online diary for most college students, could either cost you the job of your dreams or potentially land you it. All it takes is 140 characters.

(Visit Jobvite.com to read the survey results.)



image: Jobvite.com

19th Annual Chestnut Hill HOME & GARDEN FESTIVAL



Over 150 Home and Garden Vendors, Artists and Craftsmen on display!

SUNDAY, MAY 3, 11 A.M. TO 5 P.M.

Germantown Ave. Between Rex and Willow Grove Avenues



Women's Lacrosse Team Secures Playoff Spot

CHELSEA MAGUIRE '15 SPORTS EDITOR

As the semester comes to a close, so too does the season for Chestnut Hill's Women's Lacrosse. In their third season under the guidance of head coach Chelsea Rosiek and with the additional guidance of assistant coaches Mary Dean, Roxanne Monte, and CHC alumni Brianne Timony, the lacrosse team has faced a number of opponents including Division II rivals, such as Queens C., Georgian Court

U., Kutztown U., Caldwell U., and Mercy C.. The team has an overall record of 6-8 following their April 14 victory against the Dominican College Chargers.

The team will say goodbye to three senior players: team captains and defense players Christina Roach and Alexis Puhl, and attack Mary Markowski.

"I think our program has grown and evolved," Roach said. "We have some really good players and we work well as a team together. We bonded and that shows on the field."

Throughout the season other players have contributed greatly to the team's success. According to griffinathletics.com, in a March 31 game against the Nyack C. Warriors, freshman attack Hunter Leckonby scored six goals in the first half of the game, giving the Griffins a 9-8 lead. Then in the second half sophomore midfielder Jacklyn O'Leary emerged with the final goal, breaking a then tied game and giving the Griffins a 16-15 victory. O'Leary finished the game with four goals, three

ground balls, three draws, and three caused turnovers. In addition to O'Leary's contributes, junior Emorie Keimig scored two goals and captured two draws, and sophomore goalkeeper Katie Jo Lang collected seven saves, had two ground balls, and one caused turnover.

At the beginning of April, the Griffins would once again steal a victory, this time from the Mercy C. Mavericks with sophomore attacks Samantha Herron and Gabrielle Balara bringing the mercy rule into effect, ending the game with a score of 11-0.

When the Griffins faced off against the Dominican C. Chargers on April 14, their hard work earned them another victory with the final score being 9-8. This victory guaranteed the lacrosse team a playoff berth, making it the first since 2009.

With a guaranteed spot in the playoffs and the combined teamwork and talents of all the players, we can hope that the women's lacrosse team will succeed in their remaining games and finish off the season with a bang.

New Baseball Field

MIKE MCLAUGHLIN '15 CONTRIBUTING WRITER

The time has finally come for Chestnut Hill College's baseball team. After spending the last four seasons at Latshaw McCarthy field in Norristown, PA, the Griffins are expected to change venues for the 2015-2016 campaign. As early as next fall the team will begin to practice and host games "down the street" at the newly built baseball complex behind Plymouth Whitemarsh High School.

The field will be a major upgrade for the baseball team as it will include an all-turf playing surface, dugouts, bullpens and stadium seating that will welcome all members of the college campus. Director of Athletics Lynn Tubman stated, "Since the building of Victory 1 on Plymouth Whitemarsh's campus, the school has continued to explore the possibility to extend agreements into other facilities." Tubman also stated that this will surely give the players and fans re convenient commute to the location and a state- of-theart ballpark to play on.

Junior Brendan Looby is one player who is excited about the new field. "It's exciting to hear we are getting a new field," Lobby said. "It shows the college's investment into our teams and gives us more room to grow and improve."

Tubman also indicated that there is a very good possibility of another turf field at Victory, as well. "The second multipurpose field would be located directly behind the current turf field," Tubman said. "This will allow both schools' [Plymouth Whitemarsh and Chestnut Hill] teams the opportunity to expand practice schedules for in-season and out-of-season teams."

The building of Victory 1 has established a great relationship between the two schools, and with the small amount of space available of Chestnut Hill College's campus, the Whitemarsh campus has allowed Griffin Athletics to expand. "We are very excited expanding our facilities as well as, developing a long lasting relationship with Colonial School District," Tubman said. "This partnership enables us the opportunity to be engaged members of our local communi ty and build strong relationships with the high-school programs, as well as the local youth groups that will use the fields--another win-win for everyone."

CHC SENIOR ATHLETE SPOTLIGHT

Tiffany Turner

TENISHA TOWNSEND-MOBLEY '15 CONTRIBUTING WRITER

The second half of the 2014-2015 women's basket-ball season had all eyes on senior forward and sociology major Tiffany Turner '15. Turner transferred to Chest-nut Hill and onto the women's team in December 2014. An immediate standout, Turner averaged 14 points and 10 re-bounds in just 18 games. Her biggest game of 26 points came in the historic win over Philadelphia University.

Turner was born and raised

in New Jersey where she attended Cherokee High School. Throughout high school Turner played multiple sports including track, volleyball, and basketball with basketball being her favorite. Turner began her college career at University of Cincinnati, where she played basketball for two years and studied Fine Arts.

She decided to transfer to Chestnut Hill College because "Coach Pruitt's passion for hoops was contagious, and the team wasn't so bad either."

Since the season has ended, Turner has indulged a little into her favorite things such as drawing, speaking Japanese and



image: griffinathletics.com

attending Anime Club. However, Turner made it clear that she would do it all again in a minute. "College flew by," she said. "I'd go back and redo it all again just to feel those emotions again."

Christina Roach

CHELSEA MAGUIRE '15 SPORTS EDITOR

The women's lacrosse 2014-2015 season will be coming to an end soon, and as the season ends, the team will say goodbye to three players, among them senior defense player, Christina Roach.

The accounting major grew up in New Castle, Del. There she attended St. Mark's High School and played soccer for a short amount of time.

She decided to try out for the lacrosse team upon entering Chestnut Hill College in 2011, with no prior experience to the sport.

"I had absolutely no idea how to even hold a stick," she said. "I didn't know anything about the rules."

If she had to do it all over though, Roach said she still would have tried out. "It's definitely been a challenge," she said. "It was a challenge that I needed though, and I think it taught me a lot of life lessons as well.

When she's not out on the field or practicing with the team, there are still plenty of other places you can find Roach. In addition to playing lacrosse she is also an RA in Fitzsimmons hall, vice- president of SGA, president of the business club, and a student ambassador. She also has an internship this semester with a tax accounting firm, so if she's not on campus or at a game, that's likely where she'll be.

Also, as a senior, Roach like many other seniors looks forward to graduation in a few weeks, but will miss lacrosse once graduation is here.

"I'm going to miss playing," she said. "I'm also going to miss having a team and having a team atmosphere, but I'm not going



image: griffinathletics.com

to miss swollen ankles and bruises. I'm going to miss my team though. Especially since we bonded this year and everybody got close to everybody."

As she enters a new chapter in her life soon, Roach encourages her underclassmen teammates and anyone returning to or entering CHC next semester to "try and enjoy it as much as you can because life is going to happen no matter what, and do anything you can while you're here. It's the time to explore and try new things."

Current Record (Current as of 4/19)

Men's Tennis: 15-8 Women's Tennis: 16-7 Baseball: 23-9 Softball: 9-25 Men's Lacrosse: 6-6 Women's Lacrosse: 7-9

Golf

Competed at the STAC Invitational in Rum Pointe, MD on 4/12 - 13 where they placed 4th of 8. Blaise Straka place 7th of 41.

Men's & Women's Track

Competed in the Widener University Invitational in Chester, PA on 4/18. Emmanual Egbosimbah '17 placed 5th in the men's 100 meter dash and Giancarlo Martines '18 placed 23rd in the men's 1,500 meter dash. Emily Bensen-Abatangelo '18, Courteney Glennan '17 and Darby White '17 represented CHC in the women meet

For more information, visit: griffinathletics.com